



We provide refreshments and will reimburse bus fares where appropriate.

Young people attending groups are encouraged to link in to other services within Bridges Project, as appropriate.

Bridges Project
Unit 1
Bogpark Road
Musselburgh
East Lothian
EH21 6RT

Tel: 0131 665 1621
Email: mail@bridgesproject.org.uk
Web: www.bridgesproject.org.uk



A company limited by guarantee
Registered in Scotland SC277102
Scottish Charity No. SC036976

MAKING REFERRALS

Referrals can be made by agencies or individuals working with young people in East Lothian or Midlothian. Young people can also refer themselves.

Further information on Bridges Project and referral forms can be found on our website:

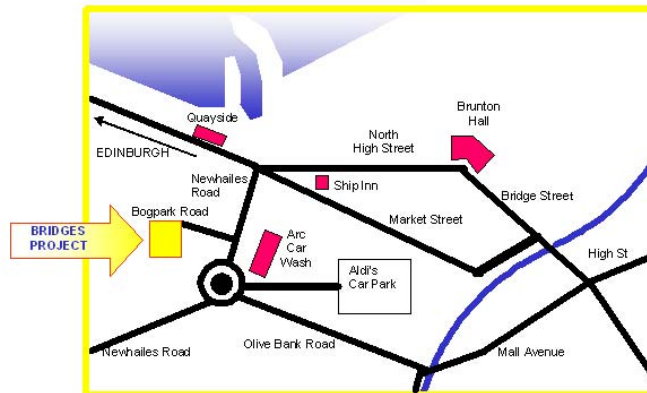
www.bridgesproject.org.uk

Referrals can be made by contacting Fiona Langskaill on:

Tel: 0131 665 1621
Fax: 0131 665 3179
Post: See over for details
Email: flangskaill@bridgesproject.org.uk

If you require any further information regarding the referral process please do not hesitate to contact us.

HOW TO FIND US . . .



BRIDGES PROJECT

Groupwork Programme



Groupwork Programme

PURPOSE

This structured programme is designed to address the social isolation faced by vulnerable and disadvantaged young people.

By providing a safe and fun environment, we encourage young people to participate in a range of activities which help them to create a regular routine in the company of other young people.

A key aim of the programme is to offer young people new challenges, opportunities and experiences which will help to improve their confidence and resilience and provide the space for them to practise and demonstrate life and employability skills.

We work in partnership with many organisations to provide a comprehensive range of activities.



ELIGIBILITY

Bridges Project's Groups Programme is open to young people aged 15-21 living in East Lothian and Midlothian.



SERVICE

Activities are mainly held in Bridges' own premises but there are frequent trips and visits out to, for example, theatres, museums, sports centres and the local countryside. The programme regularly includes such activities as:

- Multimedia
- Music making
- Cooking
- Indoor/outdoor games
- Badminton
- Drama projects
- Swimming
- Arts and crafts
- Environmental work

Group size is usually no more than 6 young people and most are open groups which can be accessed at any time during the year. The programme is flexible and changes regularly as and when staff and resources are available. Current group programmes are available on our website (see over).

Young people participating in special projects, such as a photography project, are rewarded with certificates which highlight their technical and employability skills development.